

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY  
SENIOR DINING AND HOME DELIVERED MENU MAY 2012**

Monday	Tuesday	Wednesday	Thursday	Friday
April 30 Salisbury Steak Mashed Potatoes Gravy Peas and Carrots Bread/Butter Fruit Mix	May 1 Baked Fish Tartar Sauce Hash Brown Casserole Creamy Cucumbers Rye Bread/butter Lemon Pudding <b>Alt. Diet Pudding</b>	May 2 <b>Kentucky Derby Day</b> Shredded BBQ Pork on Bun Sweet Potato Casserole Whole Kernel Corn Fresh Fruit Peach Pie <b>Alt. Angel Food Cake</b>	May 3 Turkey ala King Biscuit/Butter Green Beans Grapes Cookie <b>Alt. Plain Cookie</b>	May 4 <b>Cinco De Mayo Celebration</b> Chicken Enchilada Casserole Romaine Salad/Dressing Flour Tortilla Butter Strawberries Flan (Mexican Custard) <b>Alt: Diet Custard</b>
7	8	9	10	11
Sweet Sour Meatballs over Steamed Brown Rice Oriental Vegetables Bread/Butter Mandarin Oranges Almond Cookie	Chicken Salad on a Croissant, Fresh Broccoli Salad, Tropical Fruit Fluff Lemon Bars <b>Alt. Vanilla Wafers</b>	Pork Cutlet/Gravy Baked Potato Sour Cream/Butter Oriental Coleslaw Bread/Butter Pineapple	Pepper Steak Mashed Potatoes Tossed Romaine Salad/Dressing Italian Bread/Butter Pears Cookie <b>Atl. Diet Pudding</b>	Cream of Mushroom Soup/Crackers <b>HDM: Garden Fresh Salad</b> Crab Pasta Salad Muffin/Butter Fresh Melon Coconut Cream Pie <b>Alt. Plain Cookie</b>
14	15	16	17	18
Sliced Turkey in Lite Gravy Mashed Sweet Potatoes Green Peas Bread/Butter Fruit Cocktail	Baked Ham with Pineapple Glaze Au Gratin Potatoes Three Bean Salad Whole Grain Bread/Butter Sugar Cookie <b>Alt. Diet Cookie</b>	Beef Macaroni Casserole Tossed Salad Ranch Dressing Seven Grain Bread Butter Cranberry Juice Chocolate Mousse <b>Alt. Diet Chocolate Pudding</b>	Chicken Salad Fresh Broccoli Salad Watermelon Croissant/Butter Ice Cream <b>Alt. Diet Fruited Gelatin</b>	Swedish Meatballs with Gravy Mashed Potatoes Carrots Bread/Butter Frosted Peanut Butter Bar <b>Alt. Fresh Fruit</b>
21	22	23	24	25
Sloppy Joes on Bun Potato Salad Tropical Fruit Vanilla Pudding <b>Alt. Diet Pudding</b>	Roast Beef in Gravy Baked Potato Sour Cream/Butter Brussel Sprouts Bread/Butter Seasonal Fresh Fruit	Baked Chicken Twice Baked Style Potatoes Italian Blend Vegetables Dinner Roll/Butter Mandarin Oranges	Baked Fish Tartar Sauce Macaroni and Cheese Creamy Coleslaw Rye Bread/Butter Frosted Cake <b>Alt. Plain Cake</b>	Pork Stir Fry Steamed Rice Soy Sauce Oriental Vegetables Bread/Butter Pineapple Lime Seafoam Gelatin <b>Alt. Diet Gelatin</b>
28	29	30	31	
<b>Memorial Day Holiday All Senior Dining Centers Closed</b>	Bratwurst on Bun Ketchup and Mustard German Potato Salad Baked Beans Brownie <b>Alt: Fruit</b>	Whole Wheat Penne Pasta and Meatsauce Romaine Salad Italian Dressing Warm Breadstick Fresh Fruit Vanilla Pudding <b>Alt. Diet Pudding</b>	Lemon Baked Chicken Breast Rice Pilaf California Blend Vegetables Dinner Roll/Butter Fruited Cherry Gelatin <b>Alt. Diet Gelatin</b>	

**SENIOR DINING AND HOME DELIVERED MEAL MENU JUNE, 2012**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Vegetable Soup Crackers <b>HDM: Mixed Vegetables</b> BBQ Pork Riblet on Bun Potato Salad Apple Crisp <b>Alt. Applesauce</b>
4	5	6	7	8
Italian Meatloaf Parsley Boiled Potatoes/Butter Creamed Green Peas Bread/Butter Fresh Fruit	Teriyaki Chicken Breast Brown Rice/Soy Sauce Oriental Vegetables Bread/Butter Pineapple Cookie <b>Alt. Plain Cookie</b>	Pork Roast Mashed Potatoes Sweet Sour Red Cabbage Rye Bread/Butter Blueberry Pie <b>Alt. Fresh Fruit</b>	Chicken Noodle Soup Crackers <b>HDM: Mixed Vegetables</b> Cheeseburger on Bun Mustard/Mayo Diced Tomato and Onion Salad Lemon Pudding <b>Alt. Diet Pudding</b>	Beef Stew with Vegetables and Potatoes Baking Powder Biscuit/Butter Tossed Salad Dressing Oatmeal Cookie <b>Alt. Diet Cookie</b>

**Alt:** = low sugar alternative. \*\*\*1% milk served with all meals.\*\*\*

**HDM** = Included in Home Delivered Meals instead of soup.

**Note: Menu is subject to change.** Reservations are required at least one day in advance. Call the Senior Dining Center where you will eat between 10:30 AM and 1:00 PM or call the Aging and Disability Resource Center at (262) 548-7826.