


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

July 2010

Save the dates...

- Heart & soul healthy walking dates
- Casual Wii bowling Fridays
- Brewers trip

1
Mt. Horeb Trip Deadline
 9:00am Happy Hookers
 Knit Wits
 1:00pm Sheepshead
 7:00pm Table Tennis

2
 11:00am Wii Bowling
Meal-site Closed


3

5
 9:00am Sr. Fitness
Meal-site Closed

6
 Noon Senior Picnic

7
 9:00am Sr. Fitness
 1:00pm Dartball

8
 9:00am Happy Hookers
 Knit Wits
 1:00pm Sheepshead
 Bridge
 7:00pm Table Tennis

9
 11:00am Wii Bowling
 12:00pm Lucky Plate Lunch

10

12
 9:00am Sr. Fitness
 5:30-7:00pm Farmer's Market
 Voucher Distribution at the
 Sussex Food Pantry



13
 12:30pm Elephant Bingo
 1:00pm Walking at the
 CommCenter

14
Sr. Fitness Deadline
 9:00am Sr. Fitness
 1:00pm Dartball
 1:00-3:00pm Farmer's
 Market Voucher Distribution
 at the Sussex Food Pantry

15
 9:00am Happy Hookers
 Knit Wits
 12:15pm Share & Care
 1:00pm Sheepshead
 5:00pm Alzheimer's
 Support Group
 7:00pm Table Tennis

16
**Yoga, Zumba & Piyo
 Deadlines**
 11:00am Wii Bowling
 12:00pm R.Beer Float Lunch



17

19
Impressionist Deadline
 9:00am Sr. Fitness
 9:00am Crochet Refresher

20

21
Drawing Classes Deadline
 9:00am Sr. Fitness
 1:00pm Dartball

22
 8:30am Mt. Horeb Trip
 9:00am Happy Hookers
 Knit Wits
 12:15pm J. Draeger Speaks
 1:00pm Sheepshead
 Bridge
 6:00pm Summer Concert
 7:00pm Table Tennis

23
 11:00am Wii Bowling
 12:00pm Lucky Plate Lunch

24
 8:30am Piyo

26
 9:00am Sr. Fitness
 11:00am Blood Pressures
 12:00pm Christmas Party
 1:30pm Impressionist Art
 8:30pm Piyo



27
 1:00pm Walking at the
 Lion's Open Air in the
 Village Park

28
 9:00am Sr. Fitness
 9:30am Pencils w/o Bound
 12:00pm Birthday Lunches
 1:00pm Dartball
 1:30pm Pencils/Palettes
 6:30pm Zumba
 6:45pm Yoga
 8:30pm Piyo

29
 9:00am Happy Hookers
 Knit Wits
 1:00pm Sheepshead
 7:00pm Table Tennis

30
 11:00am Wii Bowling
 12:30pm Lion's Bingo

31
 8:30am Piyo

Sunday

Monday


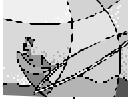

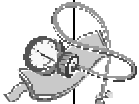
Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>2</p> <p>9:00am Sr. Fitness 1:30pm Impressionist Art 8:30pm Piyo</p>	<p>3</p>	<p>4 9:00am Sr. Fitness 9:30am Pencils w/o Bound 12:00pm R.B. Float Lunch 1:00pm Dartball 1:30pm Pencils/Palettes 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo</p>	<p>5</p> <p>9:00am Happy Hookers Knit Wits 1:00pm Sheepshead 7:00pm Table Tennis</p>	<p>6</p> <p>Brewer's Registration Deadline 11:00am Wii Bowling</p> 	<p>7</p> <p>8:30am Piyo</p>	
	<p>9</p> <p>Sailing Deadline 9:00am Sr. Fitness 12:30pm Elephant Bingo 1:30pm Impressionist Art 8:30pm Piyo</p> 	<p>10</p> <p>1:00pm Walking at the CommCenter</p>	<p>11 9:00am Sr. Fitness 9:30am Pencils w/o Bound 11:00pm Hodge Podge Party 1:00pm Dartball 1:30pm Pencils/Palettes 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo</p>	<p>12</p> <p>9:00am Happy Hookers Knit Wits 12:15pm Share & Care 1:00pm Sheepshead Bridge 7:00pm Table Tennis</p>	<p>13</p> <p>11:00am Wii Bowling 12:00pm Lucky Plate Lunch 7:00pm Outdoor Movie Weyer Park</p>	<p>14</p> <p>8:30am Piyo</p>	
5	<p>16</p> <p>9:00am Sr. Fitness 9:00am Crochet Refresher 1:30pm Impressionist Art 6:00pm Sailing 8:30pm Piyo</p>	<p>17</p>	<p>18 9:00am Sr. Fitness 9:30am Pencils w/o Bound 1:00pm Dartball 1:30pm Pencils/Palettes 6:00pm Sailing 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo</p>	<p>19</p> <p>9:00am Happy Hookers Knit Wits 1:00pm Sheepshead 5:00pm Alzheimer's Support Group 7:00pm Table Tennis</p>	<p>20</p> <p>11:00am Wii Bowling 12:00pm R.Beer Float Lunch 7:00pm Outdoor Movie Raindate</p>	<p>21</p> <p>8:30am Piyo</p>	
12	<p>23</p> <p>9:00am Sr. Fitness 1:30pm Impressionist Art 6:00pm Sailing 8:30pm Piyo</p>	<p>24</p> <p>12:30pm Lion's Bingo 12:30pm Toe Nail Trimmer By Appointment 1:00pm Walking at Madeline Park</p>	<p>25 9:00am Sr. Fitness 9:15am "Jeeves" Trip 9:30am Pencils w/o Bound 12:00pm Birthday Lunches 1:00pm Dartball 1:30pm Pencils/Palettes 6:00pm Sailing 6:45pm Yoga 8:30pm Piyo</p>	<p>26</p> <p>9:00am Happy Hookers Knit Wits 10:45am Brewer's Trip 1:00pm Sheepshead Bridge 7:00pm Table Tennis</p>	<p>27</p> <p>11:00am Wii Bowling 12:00pm Lucky Plate Lunch</p> 	<p>28</p> <p>8:30am Piyo</p>	
19	<p>30</p> <p>9:00am Sr. Fitness 11:00am Blood Pressures 1:30pm Impressionist Art 6:00pm Sailing 8:30pm Piyo</p> 	<p>31</p>	<p><i>Save the dates...</i></p> <ul style="list-style-type: none"> • Senior Golf Outing - September 14 • Eating Better, Moving More program • Dartball Wednesdays • Basketweaving Wednesdays • 5K Run/Walk - September 25 				

August 2010

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2010

			<p>1</p> <p>Senior Fitness Deadline 9:00am Sr. Fitness 9:30am Pencils w/o Bound 12:00pm R.Beer Float Lunch 1:00pm Dartball 1:30pm Pencils/Palettes 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo</p>	<p>2</p> <p>9:00am Happy Hookers Knit Wits 1:00pm Sheepshead 7:00pm Table Tennis</p>	<p>3</p> <p>Senior Golf Outing Deadline 11:00am Wii Bowling</p> 	4
5	<p>6</p> <p>Community Center Closed</p> <p>Labor Day</p>	7	<p>8</p> <p>9:00am Sr. Fitness 1:00pm Dartball 3:30 Senior Adv. Board Mtg 6:30pm Zumba</p>	<p>9</p> <p>9:00am Happy Hookers Knit Wits 12:15pm Share & Care 1:00pm Sheepshead Bridge 7:00pm Table Tennis</p>	<p>10</p> <p>11:00am Wii Bowling 12:00pm Lucky Plate Lunch 12:30pm Elephant Bingo</p>	11
12	<p>13</p> <p>Senior Fitness Deadline 9:00am Sr. Fitness</p>	<p>14</p> <p>9:30am Sr. Golf Outing 12:30pm Polish Poker 1:00pm Walking Group Lion's Open Air in VP</p>	<p>15</p> <p>9:00am Sr. Fitness 12:00pm Hoedown Party 1:00pm Dartball</p> 	<p>16</p> <p>9:00am Happy Hookers Knit Wits 10:30am Eating Better, Move More 1:00pm Sheepshead 5:00pm Alzheimer's</p>	<p>17</p> <p>Heidel House Deadline 11:00am Wii Bowling 12:00pm R.Beer Float Lunch 12:30pm Big Bucks Bingo</p>	18
19	<p>20</p> <p>9:00am Sr. Fitness 9:00am Crochet Refresher</p>	<p>21</p> <p>AARP Driver Safety Deadline 9:00am Basketweaving 12:30pm Lion's Bingo 12:30pm Polish Poker</p>	<p>22</p> <p>9:00am Sr. Fitness 1:00pm Dartball</p>	<p>23</p> <p>9:00am Happy Hookers Knit Wits 10:30am Eating Better, Move More 1:00pm Sheepshead</p>	<p>24</p> <p>11:00am Wii Bowling 12:00pm Lucky Plate Lunch</p>	<p>25</p> <p>5K Run/Walk</p> 
26	<p>27</p> <p>9:00am Sr. Fitness 11:00am Blood Pressures</p>	<p>28</p> <p>9:00am Basketweaving 12:30pm Polish Poker 12:30pm AARP Driver's 1:00pm Walking meet at Parking lot at Ace</p> 	<p>29</p> <p>9:00am Sr. Fitness 12:00pm Birthday Lunches 1:00pm Dartball</p>	<p>30</p> <p>9:00am Happy Hookers Knit Wits 1:00pm Sheepshead 10:30am Eating Better, Move More 7:00pm Table Tennis</p>	<p><i>Save the dates...</i></p> <ul style="list-style-type: none"> • Autumn Harvest Party - October 19 • Heidel House Trip - October 7 • Hawaiian Trip - October 14 • 7 Brides for 7 Brothers Trip - November 10 • Energy Assistance-Village Hall: 10/7, 12/9 & 3/21 	