


Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# July 2010

*Save the dates...*

- Heart & soul healthy walking dates
- Casual Wii bowling Fridays
- Brewers trip

1  
**Mt. Horeb Trip Deadline**  
 9:00am Happy Hookers  
 Knit Wits  
 1:00pm Sheepshead  
 7:00pm Table Tennis

2  
 11:00am Wii Bowling  
**Meal-site Closed**  


3

5  
 9:00am Sr. Fitness  
**Meal-site Closed**

6  
 Noon Senior Picnic

7  
 9:00am Sr. Fitness  
 1:00pm Dartball

8  
 9:00am Happy Hookers  
 Knit Wits  
 1:00pm Sheepshead  
 Bridge  
 7:00pm Table Tennis

9  
 11:00am Wii Bowling  
 12:00pm Lucky Plate Lunch

10

12  
 9:00am Sr. Fitness  
 5:30-7:00pm Farmer's Market  
 Voucher Distribution at the  
 Sussex Food Pantry



13  
 12:30pm Elephant Bingo  
 1:00pm Walking at the  
 CommCenter

14  
**Sr. Fitness Deadline**  
 9:00am Sr. Fitness  
 1:00pm Dartball  
 1:00-3:00pm Farmer's  
 Market Voucher Distribution  
 at the Sussex Food Pantry

15  
 9:00am Happy Hookers  
 Knit Wits  
 12:15pm Share & Care  
 1:00pm Sheepshead  
 5:00pm Alzheimer's  
 Support Group  
 7:00pm Table Tennis

16  
**Yoga, Zumba & Piyo  
 Deadlines**  
 11:00am Wii Bowling  
 12:00pm R.Beer Float Lunch



17

19  
**Impressionist Deadline**  
 9:00am Sr. Fitness  
 9:00am Crochet Refresher

20

21  
**Drawing Classes Deadline**  
 9:00am Sr. Fitness  
 1:00pm Dartball

22  
 8:30am Mt. Horeb Trip  
 9:00am Happy Hookers  
 Knit Wits  
 12:15pm J. Draeger Speaks  
 1:00pm Sheepshead  
 Bridge  
 6:00pm Summer Concert  
 7:00pm Table Tennis

23  
 11:00am Wii Bowling  
 12:00pm Lucky Plate Lunch

24  
 8:30am Piyo

26  
 9:00am Sr. Fitness  
 11:00am Blood Pressures  
 12:00pm Christmas Party  
 1:30pm Impressionist Art  
 8:30pm Piyo



27  
 1:00pm Walking at the  
 Lion's Open Air in the  
 Village Park

28  
 9:00am Sr. Fitness  
 9:30am Pencils w/o Bound  
 12:00pm Birthday Lunches  
 1:00pm Dartball  
 1:30pm Pencils/Palettes  
 6:30pm Zumba  
 6:45pm Yoga  
 8:30pm Piyo

29  
 9:00am Happy Hookers  
 Knit Wits  
 1:00pm Sheepshead  
 7:00pm Table Tennis

30  
 11:00am Wii Bowling  
 12:30pm Lion's Bingo

31  
 8:30am Piyo

Sunday

Monday


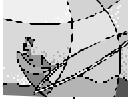

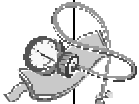
Tuesday

Wednesday

Thursday

Friday

Saturday

	2 9:00am Sr. Fitness 1:30pm Impressionist Art 8:30pm Piyo	3	4 9:00am Sr. Fitness 9:30am Pencils w/o Bound 12:00pm R.B. Float Lunch 1:00pm Dartball 1:30pm Pencils/Palettes 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo	5 9:00am Happy Hookers Knit Wits 1:00pm Sheepshead 7:00pm Table Tennis	6 <b>Brewer's Registration Deadline</b> 11:00am Wii Bowling 	7 8:30am Piyo	
	9 <b>Sailing Deadline</b> 9:00am Sr. Fitness 12:30pm Elephant Bingo 1:30pm Impressionist Art 8:30pm Piyo 	10 1:00pm Walking at the CommCenter	11 9:00am Sr. Fitness 9:30am Pencils w/o Bound 11:00pm Hodge Podge Party 1:00pm Dartball 1:30pm Pencils/Palettes 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo	12 9:00am Happy Hookers Knit Wits 12:15pm Share & Care 1:00pm Sheepshead Bridge 7:00pm Table Tennis	13 11:00am Wii Bowling 12:00pm Lucky Plate Lunch 7:00pm Outdoor Movie Weyer Park	14 8:30am Piyo	
5	16 9:00am Sr. Fitness 9:00am Crochet Refresher 1:30pm Impressionist Art 6:00pm Sailing 8:30pm Piyo	17	18 9:00am Sr. Fitness 9:30am Pencils w/o Bound 1:00pm Dartball 1:30pm Pencils/Palettes 6:00pm Sailing 6:30pm Zumba 6:45pm Yoga 8:30pm Piyo	19 9:00am Happy Hookers Knit Wits 1:00pm Sheepshead 5:00pm Alzheimer's Support Group 7:00pm Table Tennis	20 11:00am Wii Bowling 12:00pm R.Beer Float Lunch  7:00pm Outdoor Movie Raindate	21 8:30am Piyo	
12	23 9:00am Sr. Fitness 1:30pm Impressionist Art 6:00pm Sailing 8:30pm Piyo	24 12:30pm Lion's Bingo 12:30pm Toe Nail Trimmer By Appointment 1:00pm Walking at Madeline Park	25 9:00am Sr. Fitness 9:15am "Jeeves" Trip 9:30am Pencils w/o Bound 12:00pm Birthday Lunches 1:00pm Dartball 1:30pm Pencils/Palettes 6:00pm Sailing 6:45pm Yoga 8:30pm Piyo	26 9:00am Happy Hookers Knit Wits 10:45am Brewer's Trip 1:00pm Sheepshead Bridge 7:00pm Table Tennis	27 11:00am Wii Bowling 12:00pm Lucky Plate Lunch 	28 8:30am Piyo	
19	30 9:00am Sr. Fitness 11:00am Blood Pressures 1:30pm Impressionist Art 6:00pm Sailing 8:30pm Piyo 	31	<i>Save the dates...</i> <ul style="list-style-type: none"> <li>• Senior Golf Outing - September 14</li> <li>• Eating Better, Moving More program</li> <li>• Dartball Wednesdays</li> <li>• Basketweaving Wednesdays</li> <li>• 5K Run/Walk - September 25</li> </ul>				

August 2010

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2010

			<p>1</p> <p><b>Senior Fitness Deadline</b>            9:00am Sr. Fitness            9:30am Pencils w/o Bound            12:00pm R.Beer Float Lunch            1:00pm Dartball            1:30pm Pencils/Palettes            6:30pm Zumba            6:45pm Yoga            8:30pm Piyo</p>	<p>2</p> <p>9:00am Happy Hookers            Knit Wits            1:00pm Sheepshead            7:00pm Table Tennis</p>	<p>3</p> <p><b>Senior Golf Outing            Deadline</b>            11:00am Wii Bowling</p> 	4
5	<p>6</p> <p><b>Community Center            Closed</b></p> <p><b>Labor Day</b></p>	7	<p>8</p> <p>9:00am Sr. Fitness            1:00pm Dartball            3:30 Senior Adv. Board Mtg            6:30pm Zumba</p>	<p>9</p> <p>9:00am Happy Hookers            Knit Wits            12:15pm Share &amp; Care            1:00pm Sheepshead            Bridge            7:00pm Table Tennis</p>	<p>10</p> <p>11:00am Wii Bowling            12:00pm Lucky Plate Lunch            12:30pm Elephant Bingo</p>	11
12	<p>13</p> <p><b>Senior Fitness Deadline</b>            9:00am Sr. Fitness</p>	<p>14</p> <p>9:30am Sr. Golf Outing            12:30pm Polish Poker            1:00pm Walking Group            Lion's Open Air in VP</p>	<p>15</p> <p>9:00am Sr. Fitness            12:00pm Hoedown Party            1:00pm Dartball</p> 	<p>16</p> <p>9:00am Happy Hookers            Knit Wits            10:30am Eating Better,            Move More            1:00pm Sheepshead            5:00pm Alzheimer's</p>	<p>17</p> <p><b>Heidel House Deadline</b>            11:00am Wii Bowling            12:00pm R.Beer Float Lunch            12:30pm Big Bucks Bingo</p>	18
19	<p>20</p> <p>9:00am Sr. Fitness            9:00am Crochet Refresher</p>	<p>21</p> <p><b>AARP Driver Safety            Deadline</b>            9:00am Basketweaving            12:30pm Lion's Bingo            12:30pm Polish Poker</p>	<p>22</p> <p>9:00am Sr. Fitness            1:00pm Dartball</p>	<p>23</p> <p>9:00am Happy Hookers            Knit Wits            10:30am Eating Better,            Move More            1:00pm Sheepshead</p>	<p>24</p> <p>11:00am Wii Bowling            12:00pm Lucky Plate Lunch</p>	<p>25</p> <p><b>5K Run/Walk</b></p> 
26	<p>27</p> <p>9:00am Sr. Fitness            11:00am Blood Pressures</p>	<p>28</p> <p>9:00am Basketweaving            12:30pm Polish Poker            12:30pm AARP Driver's            1:00pm Walking meet at            Parking lot at Ace</p> 	<p>29</p> <p>9:00am Sr. Fitness            12:00pm Birthday Lunches            1:00pm Dartball</p>	<p>30</p> <p>9:00am Happy Hookers            Knit Wits            1:00pm Sheepshead            10:30am Eating Better,            Move More            7:00pm Table Tennis</p>	<p><i>Save the dates...</i></p> <ul style="list-style-type: none"> <li>• Autumn Harvest Party - October 19</li> <li>• Heidel House Trip - October 7</li> <li>• Hawaiian Trip - October 14</li> <li>• 7 Brides for 7 Brothers Trip - November 10</li> <li>• Energy Assistance-Village Hall: 10/7, 12/9 &amp; 3/21</li> </ul>	